



# ***Water Rescue***

## **Checklist for First Responders**

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**Objectives:** Assess scene, Control hazards, Rescue victim(s), Evacuate victims from scene.

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☐ **[IOSR]**

☐ Assess the scene

☐ **[SUR]**

- ☐ What happened?
- ☐ What is the access?
- ☐ Number of victims?
- ☐ Condition of the victim(s)
- ☐ How are they trapped, stuck?
- ☐ Swift water or flat water?

**Initial Actions**

- ☐ Isolate and deny entry
- ☐ Mark water line
- ☐ Downstream safety
- ☐ Downstream safety opposite bank
- ☐ Upstream spotters

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**Minimum PPE for water entry**

- PFD
- Water rescue helmet
- Whistle
- Dry suits (when available) if
  - Air/water temp below 120 degrees
  - Water is contaminated

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**Rescue Sequence**

1. Yell
2. Reach
3. Throw
4. Boat Crew?
  - a. Row
  - b. Go (Swiftwater Crew Only)

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**Shallow Water Crossing?**

- Less than 18 inches? Certified personnel? Safety plan? PPE for Rescuer?  
PFD for victim(s)? Crossing pole? → **OK TO GO.**